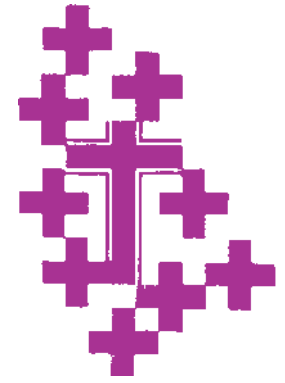
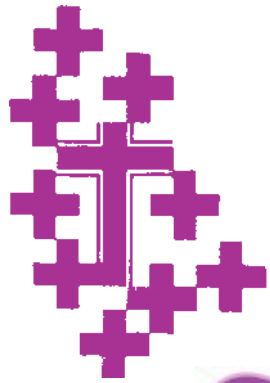


LENT 2019



As a community of faith we celebrate the holy season of LENT both communally and individually. This calendar is meant to offer each of us many opportunities to help us increase our awareness and appreciation of the experience of LENT and what it adds to our daily living as Christians.

May our communal and individual experience of LENT 2019

lead us to all the joys of the
EASTER JESUS!



March



*Church of the Ascension
New Milford, New Jersey*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Ash Wednesday 6 Try to attend Mass today and pray for the sick	St. Perpetua and St. Felicity 7 Call or write a note to someone who needs a lift	St. John of God 8 Pray the Stations of the Cross for all who are persecuted because of their faith	St. Frances of Rome 9 Spend extra time today with someone who needs attention
First Sunday of Lent 10 "He will bid his angels watch over you"	11 Pray for an increase in vocations to the priesthood and religious life	12 Pray for all who are persecuted because of their faith	13 Pray for all who are poor and homeless	14 Pray for world peace, especially in Ireland	15 Pray the Stations of the Cross for all engaged couples	16 Pray for the poor, the homeless and the unemployed
Second Sunday of Lent 17 St. Patrick "This is my Son, my Chosen One. Listen to Him."	St. Cyril of Jerusalem 18 Tell someone how much you love and appreciate them	Solemnity of St. Joseph 19 Say "I'm Sorry" to someone you have offended	20 Try to attend Mass today and pray for your father, grandfather and godfather	21 Pray and reflect on the Prayer of Saint Francis of Assisi	22 Pray the Stations of the Cross for bishops, priests and deacons and their ministry in the Church	St. Turibius of Mogrovejo 23 Pray for our Holy Father, Pope Francis

March / April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Third Sunday of Lent 24 "Reform your lives and believe in the Good News!"	Solemnity of the Annunciation of the Lord 25 Pray for your mother, grandmother and godmother, and all expectant mothers	26 Pray for doctors and nurses and all who take care of the sick	27 Make it a point to say "Thank You" to someone today	28 Try to attend Mass today and pray for the priests of our parish	29 Pray the Stations of the Cross for all who are persecuted because of their faith	30 Pray for missionaries throughout the world
Fourth Sunday of Lent 31 "...Celebrate and Rejoice! This brother of yours...has come back to life!"	April 1 Pray for those who have no one to pray for them	St. Francis of Paola 2 Give someone a hug today	3 Pray for vocations to the priesthood and religious life	St. Isidore of Seville 4 Try to attend Mass today and pray for Police Officers, Firefighters and Rescue Squaders	St. Vincent Ferrer 5 Pray the Stations of the Cross for religious brothers, teachers, and all who work with our youth	6 Visit a relative, friend or neighbor who is shut-in
Fifth Sunday of Lent 7 "Let the one who has no sin cast the first stone."	8 Pray for all Church leaders throughout the world	9 Try to attend Mass today and pray for all who preach God's Word	10 Pray for all who work with the poor of our world	St. Stanislaus 11 Pray for bishops, priests and deacons and their ministry in the Church	12 Pray the Stations of the Cross for Police Officers, Firefighters and Rescue Squaders	St. Martin 13 Call someone you have lost touch with
Palm Sunday 14 "Hosanna! Blessed is he who comes in the name of the Lord! Hosanna!"	Monday of Holy Week 15 Today, really "listen" to someone who needs an ear	Tuesday of Holy Week 16 Tell someone how much you love and appreciate them	Wednesday of Holy Week 17 Spend extra time today with someone who needs attention	Holy Thursday 18 "Love one another as I have loved you."	Good Friday 19 "By your holy Cross You have redeemed the world."	Holy Saturday 20 "By our baptism we were buried with Christ."

Easter Sunday 21
 Alleluia!
 Christ is Risen!
 Alleluia! Alleluia!



alleluia + alleluia + alleluia



alleluia + alleluia + alleluia